



Road Finder

Personal Leadership in life

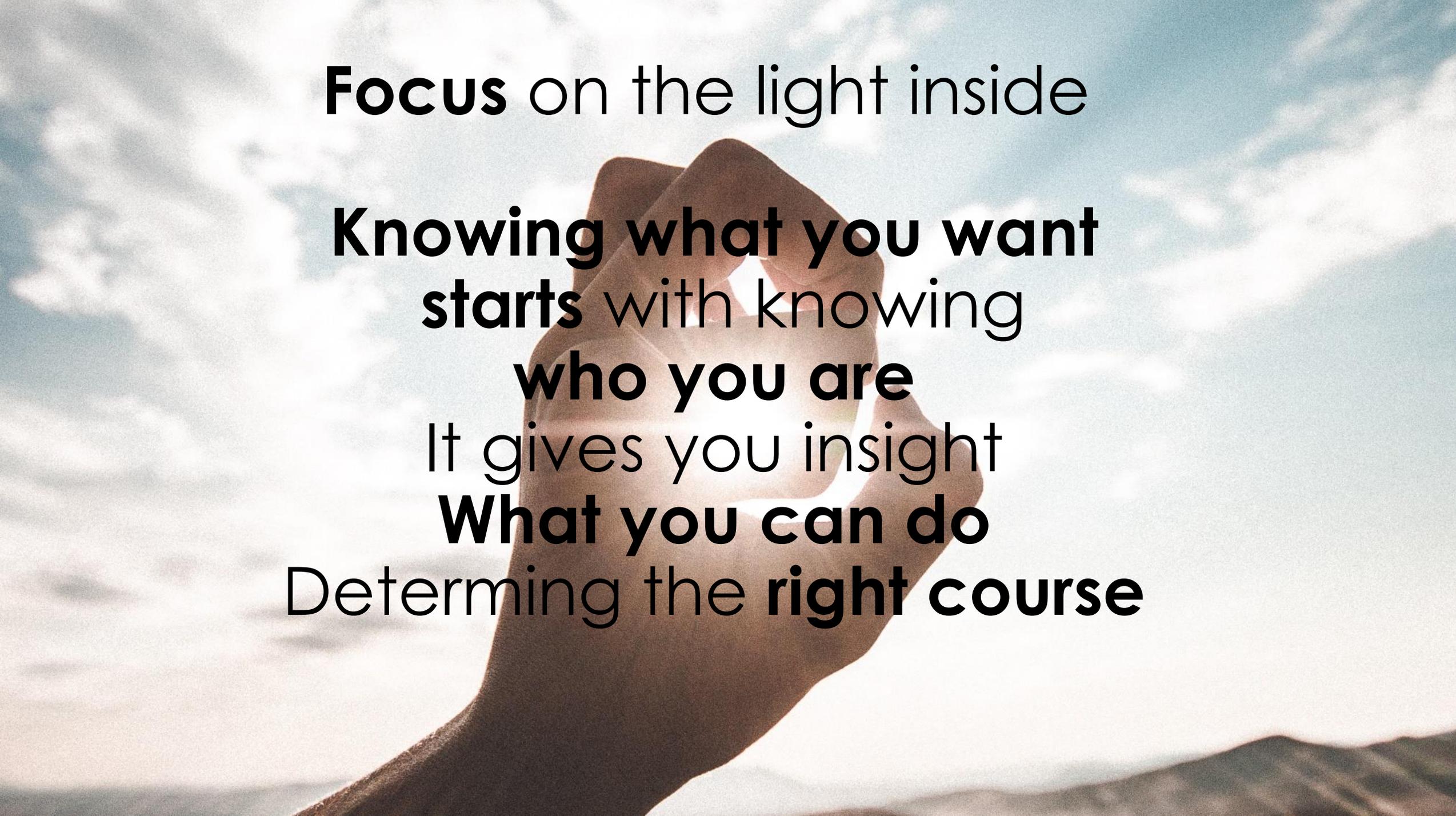
LET'S CONNECT!

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A hand is shown holding a glowing, translucent orb against a bright, cloudy sky. The hand is positioned in the center-left of the frame, with the fingers wrapped around the orb. The background is a soft-focus sky with white and light blue clouds. The overall mood is inspirational and hopeful.

Focus on the light inside

Knowing what you want
starts with knowing
who you are

It gives you insight

What you can do

Determining the **right course**

An open notebook is shown from a top-down perspective. The left page is blank and white. The right page is white and features a hand-drawn compass rose in the center. The compass rose has a circular center with four points, each ending in a decorative arrowhead. The notebook has a dark brown cover. The background is a blurred outdoor scene with green foliage and a bright sky.

**A compass gives direction
The right course
Everyone has an inner compass
Today we are looking for
your inner compass**

Strengths

Finding out what is important to you is not a quick fix. This is a journey. Today we take the first step.

Sometimes its difficult to find out where you good at. Because it is so normal to you. You can not see your own strengths anymore. Therefore it is nice to ask others what your strengths are.

Whatsapp 5 people (friends-family member – fellow student – sport coach/friend). And send them a message:

“What are my strengths?”

A close-up photograph of a hand holding a dandelion seed head. The hand is positioned at the bottom left, with fingers gently gripping the base of the seed head. The dandelion seeds are numerous, fine, and radiate outwards, creating a spherical, textured appearance. The background is dark and out of focus, emphasizing the intricate details of the dandelion. A semi-transparent white circle is overlaid on the right side of the image, containing the text.

**1. MAKE ROOM
FOR SELF-INSIGHT**

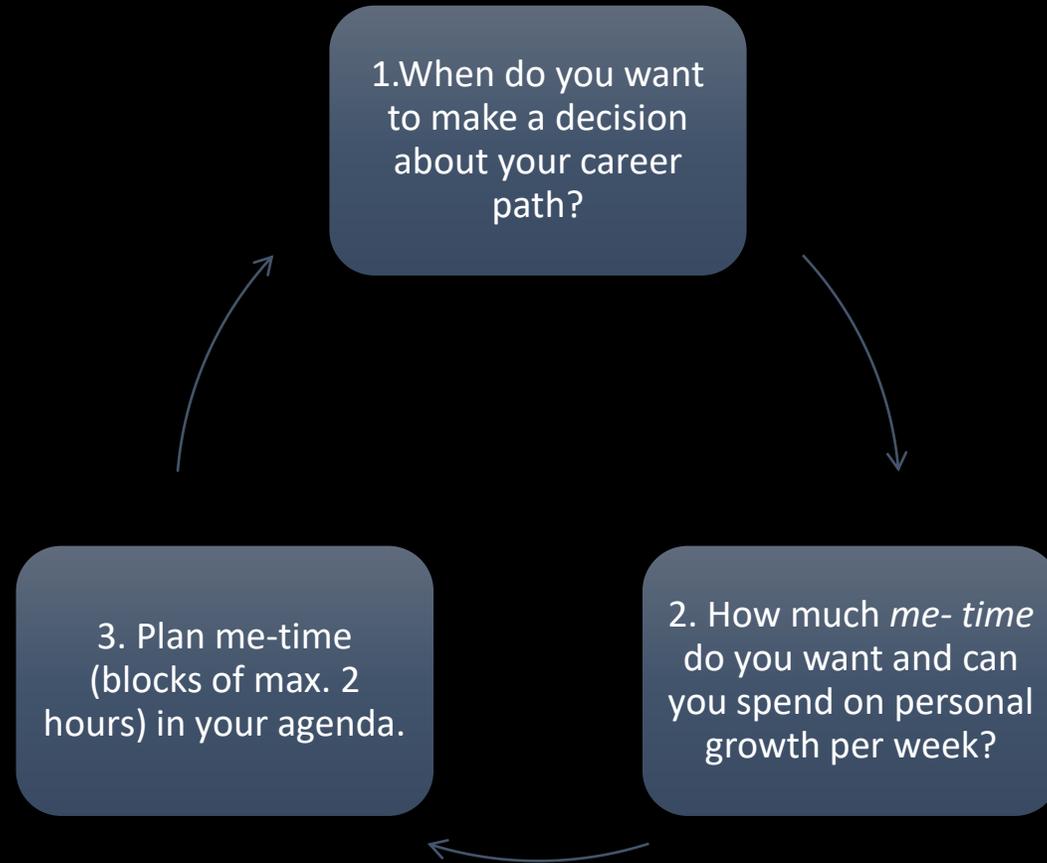
A silhouette of a woman with a ponytail running on a paved path in a park. The background shows a grassy field, trees, and a hazy sunset sky. The text "We always run from one thing to another...." is overlaid in white.

We always run from one
thing to another....



Sometimes it's better to
slow down and then
speed up

MAKE TIME FOR YOURSELF





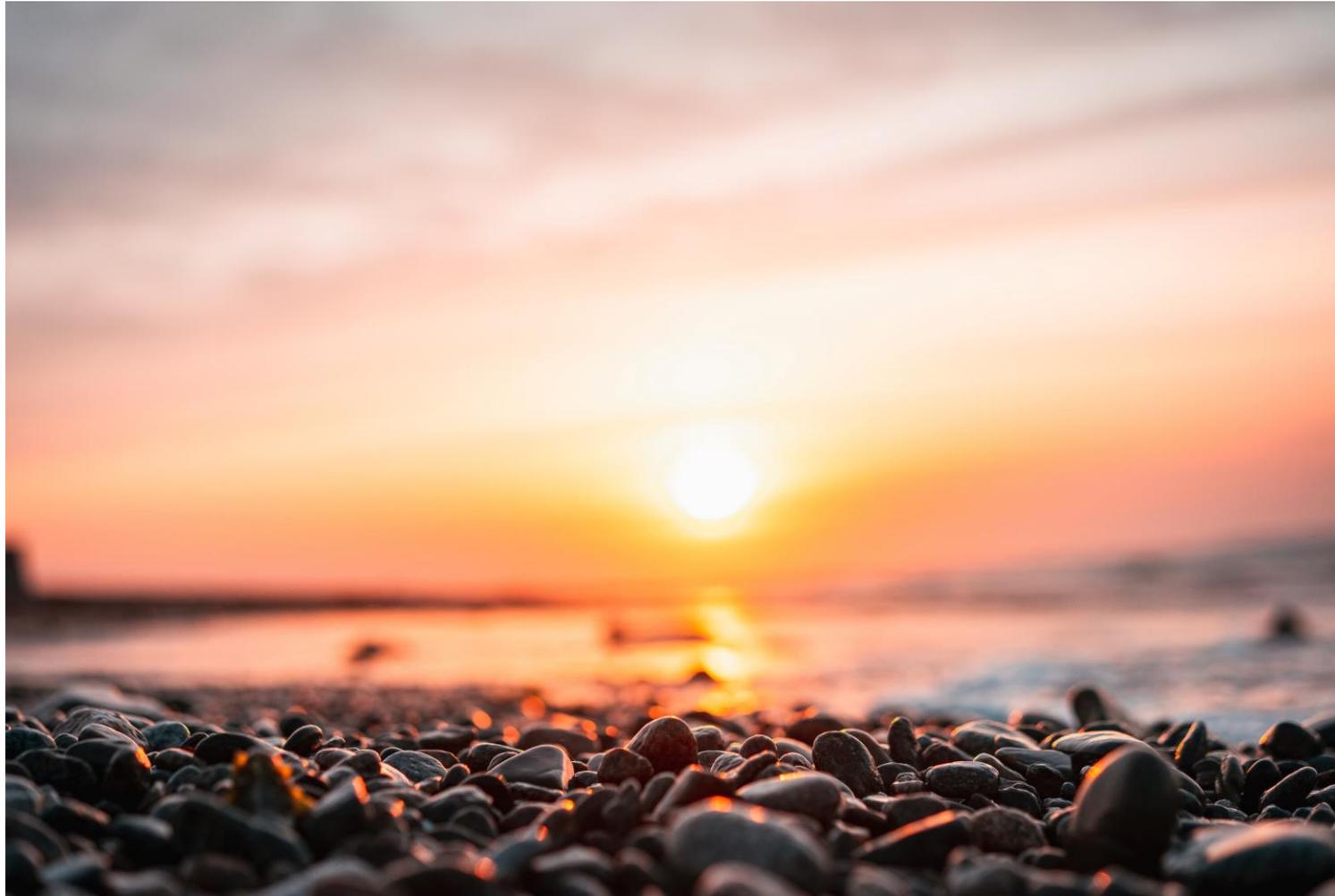
2. SELF INSIGHT

A field of tall, thin grasses is shown in a soft, warm light, likely from a setting or rising sun. The background is a hazy, golden-orange sky, and the overall mood is peaceful and contemplative. The text is centered over the image in a clean, white, sans-serif font.

Let's find out what is
important for you



3. What gives
you energy?



Ones someone told me, **if you do not know where to start. Start following your energy.**

It was the best tip ever.

You will become **more conscious** of what makes you **happy** and what costs you a lot of energy.

Energy Givers

By gaining insight into what gives you energy, you can more easily look for a (working) environment in which these energy providers are present.

1. What activities give you energy? What makes you get energy from this?
2. Which people inspire you? What makes these people inspire you?
3. What gave you energy as a child? What made you energized by this?





4. Core Values

Core Values

Attention	Satisfaction	Autonomy	Forgiveness	Professionalism	Commitment	Depth
Honesty	Altruism	Equality	Encouraging	Freedom	Romance	Quality
Power	Excelling	Development	Growth	Consciousness	Wisdom	Social Care
Stability	Accuracy	Responsibility	Passion	Diligent	Creativity	Goal
Adjusting	Dedication	Adventure	Trust	Rationality	Insight	Orientation
Empathy	Ambitious	Organized	Modesty	Appreciation	Calm	Leadership
Environmentally	Family	Openness	Courtesy	Contribute	Self-control	Solidarity
Conscious	Humility	Imagination	Pleasure	Innovative	Gratitude	Sustainability
Structure	Tradition	Balance	Wonder	Justice	Knowledge	Love Tension
Acceptance	Assertiveness	Authority	Protect	Warmth	Collaboration	Simplicity
Enthusiasm	Flexibility	Sincerity	Hope	Comfort	Self-knowledge	Loyalty
Mindful	Curiosity	Connection	Dutiful	Integrity	Discipline	Spirituality
Tactvol	Loyalty	Helpfulness	Friendship	Respect	Strength	
Variety	Attentive	Conviviality	Involvement	Reciprocal	Beauty	
Recognition	Hospitality	Optimism	Helpfulness	Compassion	Self-esteem	
Courage	Challenge	Forbearance	Practical	Intimacy	Service	
	Authenticity	Ability	Generosity	Fame	Art	
	Patience	Health	Reliability	Prosperity	Sexuality	
	Relaxation	Originality	Humor	Compromise	Meaningfulness	
	Security					

How to find your Core Values

- **Step 1. Circle 20 values that fits to you** – Circle them intuitively so do not think about wich value fits you the most
- **Step 2: Select the 10 core values that you like the most.** Don't think about it too long, listen to your feelings carefully. For example, do you get a warm feeling or do you start smiling with a certain value? How does your body react to it?
- **Step 3: Write the 10 values on the post-its.** Arrange them in order of: Very important – Important – Not so important.
- **Step 4: Choose the 5 most important values.**
- **Step 5: Now ask yourself; are my core values present in my life?** Which core values would you like to give more attention to? Write down 1-2 actions per core value; how can you give more attention to this value?



5. Working Needs



Mapping Work Needs

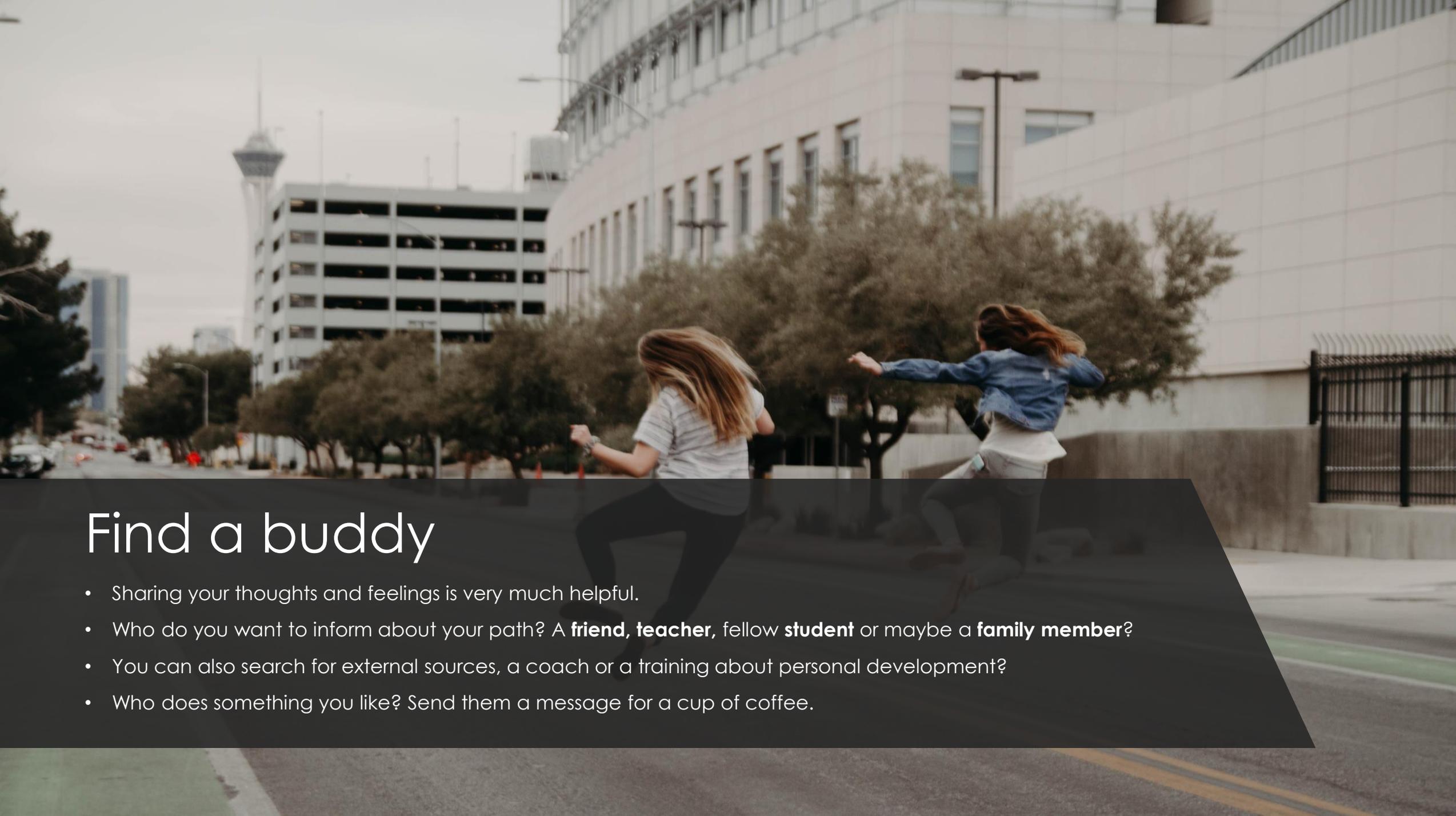
- Working in a small group
- Making plans
- Fixed patterns
- Working together in a team
- Delegating
- Continue studying during working hours
- Working independently with consultation
- Making something new
- Working with the same people
- Working alone
- Personal development
- Fixed times
- Like-minded colleagues
- Striking work
- No overtime
- Inspiring work environment
- Publicity sensitive work
- Secondment abroad
- Leadership
- Representative work
- Fixed workplace
- Get guidance
- See a lot of results
- Non-profit organization
- Confidential relationships
- Being an expert
- Need to improvise Informal contacts
- Status Commercial organization
- Own workspace
- Power and influence
- Variety
- Being outside a lot
- Using social skills
- Freelance work
- Lots of promotion opportunities
- Certainty Being on the move a lot
- Good financial conditions
- Creativity Contributing to society
- Rest Strategic thinking
- Taking risks
- Lots of free time
- Being administratively busy
- Being practical
- Working part-time
- Customer-oriented working
- Competition
- Make your own planning
- Crisis situations
- Tight hierarchy
- Create your own time schedule
- Stimulate+inspire others
- Challenge Working on individual assignments
- Supporting work
- Fast work pace
- Being able to take initiatives yourself
- Craftsmanship Working theoretically
- Able to make independent decisions
- Not too far from home
- Analyzing problems
- High accuracy or precision
- Working under pressure
- Friendships at work
- Promoting vision
- Frequent travel
- Facilitating processes
- A lot of responsibility
- A permanent position
- Solving problems
- Absence of stress

How to find your Working Needs

- **Step 1. Circle 20 needs that fits to you** – Circle them intuitively
- **Step 2: Select the 10 needs that you like the most.** Don't think about it too long, listen to your feelings carefully. For example, do you get a warm feeling or do you start smiling? How does your body react to it?
- **Step 3: Write the 10 needs on post-its.** Arrange them in order of: Very important – Important – Not so important.
- **Step 4: Choose the 5 most important needs.**
- **Step 5: Now ask yourself; are these needs present in my working life?** Which need would you like to give more attention to? Write down 1-2 actions per need you like to give more attention to.



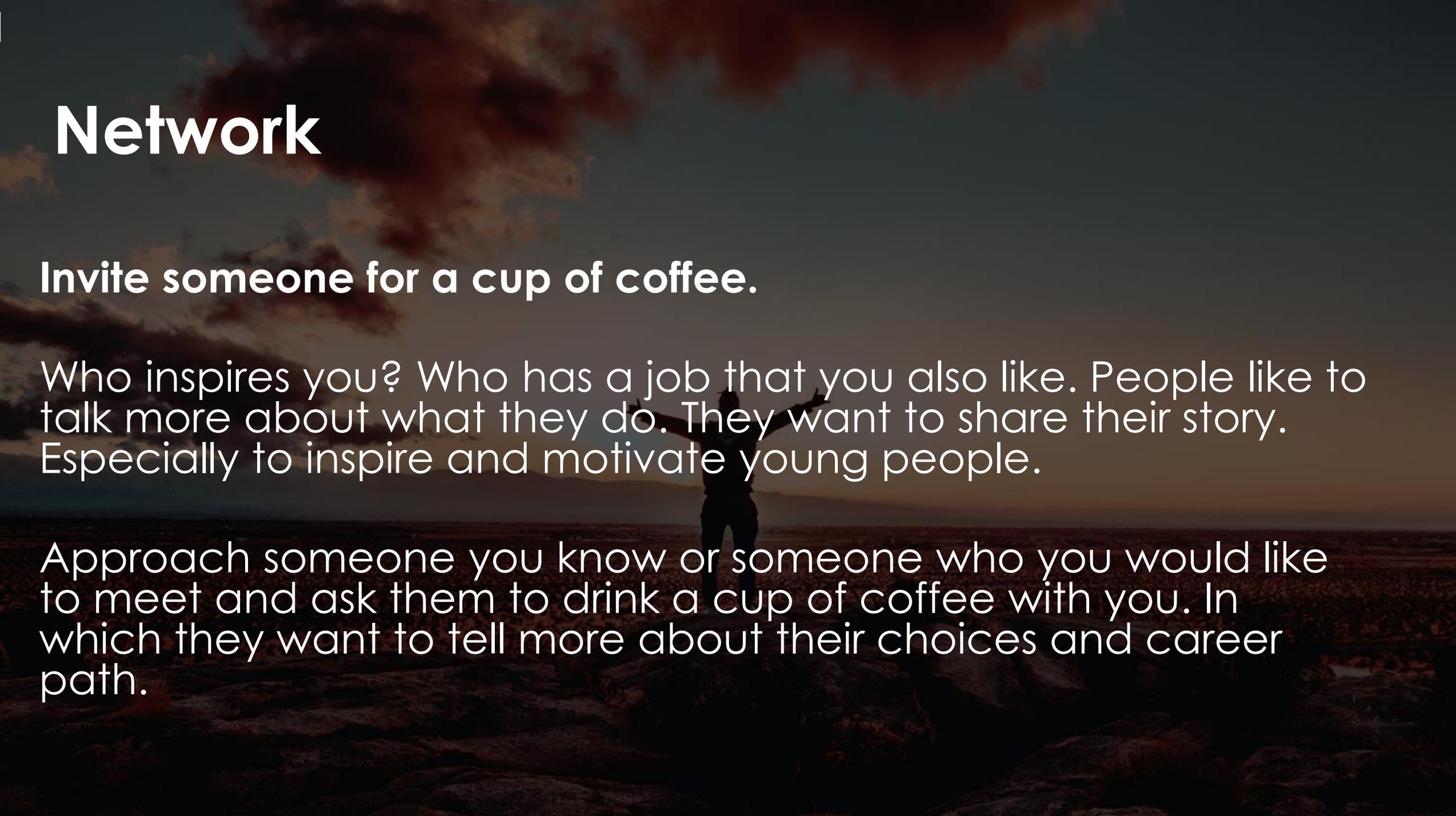
6. Support

A photograph of two young women running on a city street. They are seen from behind, with their hair blowing in the wind. The woman on the left is wearing a white striped t-shirt and dark pants. The woman on the right is wearing a blue denim jacket over a white top and light-colored pants. In the background, there is a large, modern, light-colored building with many windows. To the left, a tall, thin tower with a circular top is visible. The sky is overcast and grey. The overall mood is energetic and positive.

Find a buddy

- Sharing your thoughts and feelings is very much helpful.
- Who do you want to inform about your path? A **friend**, **teacher**, fellow **student** or maybe a **family member**?
- You can also search for external sources, a coach or a training about personal development?
- Who does something you like? Send them a message for a cup of coffee.

Network



Invite someone for a cup of coffee.

Who inspires you? Who has a job that you also like. People like to talk more about what they do. They want to share their story. Especially to inspire and motivate young people.

Approach someone you know or someone who you would like to meet and ask them to drink a cup of coffee with you. In which they want to tell more about their choices and career path.



**7. Enjoy your
journey!**



Road to succes